

MONDAY	<p>Science Fun dancing worms</p> <p>GET ACTIVE get outside for 1 hour</p>		<p>DANCE PARTY throw some music on & get your dance on!</p> <p>Mini Challenge grape sculptures</p>		<p>CRAFTY flying fish</p> <p>FOOD FUN homemade cookies</p>
TUESDAY	<p>Science Fun sink or float?</p> <p>GET ACTIVE get outside for 1 hour</p>		<p>BOARD GAME FUN family board game night</p> <p>Mini Challenge oreo face slide</p>		<p>CRAFTY homemade bird feeders</p> <p>FOOD FUN grilled cheese creations</p>
WEDNESDAY	<p>Science Fun volcanos</p> <p>GET ACTIVE get outside for 1 hour</p>		<p>Movie Night pick a movie & pop some popcorn get cozy & watch as a family</p> <p>Mini Challenge indoor scavenger hunt</p>		<p>CRAFTY moon sand</p> <p>FOOD FUN rice crispy treats</p>
THURSDAY	<p>Science Fun rainbows</p> <p>GET ACTIVE get outside for 1 hour</p>		<p>Superheroes dress as your favorite superhero!</p> <p>Mini Challenge stack attack</p>		<p>CRAFTY marble painting</p> <p>FOOD FUN brownies</p>
FRIDAY	<p>Science Fun pudding slime</p> <p>GET ACTIVE get outside for 1 hour</p>		<p>PICTIONARY grab some paper & markers and draw away</p> <p>Mini Challenge puzzle piece hunt</p>		<p>CRAFTY tissue paper transfer</p> <p>FOOD FUN pizza creations</p>
SAT & SUN	<p>Science Fun rockets & parachutes</p> <p>GET ACTIVE get outside for 1-2 hours</p>		<p>Grassheads each family member makes their own grass head</p> <p>Mini Challenge marshmallow shooters & tic tac toe</p>		<p>CRAFTY canvas art</p> <p>FOOD FUN banana boats</p>

PK TIPS



- stay active
- wash your hands with soap & water
- face time with a friend
- do a little school work

DAILY SUGGESTIONS

- reading
- tidying your room
- 1 chore a day
- quiet time in your room
- making your bed



Monday Links

Science

https://www.playdoughtoplato.com/kids-science-dancing-frankenworms/#_a5y_p=2572098

Crafty

<http://squirrelyminds.com/2013/05/03/koinobori-japanese-flying-carp-diy/>

Mini Challenge

<https://artfulparent.com/edible-art-grape-toothpick-sculptures/>

Food Fun

<https://www.livewellbakeoften.com/soft-and-chewy-chocolate-chip-cookies-recipe/>

Tuesday Links

Science

https://www.giftofcuriosity.com/sink-or-float-density-activity-for-kids/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes

Crafty

https://www.cbc.ca/parents/play/view/winter_craft_for_kids_cookie_cutter_bird_feeders

Mini Challenge

<https://partyplanparty.com/kids-party/minute-to-win-it-games/>

Food Fun

get some bread, cheese and different add-ons such as deli meat, apple slices, different cheese options etc each child then gets to create and assemble their own grilled cheese

Wednesday Links

Science

https://teachbesideme.com/how-to-make-a-volcano-science-project/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes&utm_term=886727298_38386328_313169

Crafty

<https://www.happy-mothering.com/2-ingredient-diy-moon-sand-recipe/>

Mini Challenge

<https://www.momdot.com/rainy-day-kids-activities/>

Food Fun

<https://flouronmyfingers.com/rice-krispie-treats/>

Thursday Links

Science

<https://funlearningforkids.com/rainbow-walking-water-science-experiment-kids/>

<https://www.messylittlemonster.com/2019/02/rainbow-baking-soda-science-experiment-for-kids.html>

Crafty

<https://www.busymommymedia.com/marble-painting-2/>

Mini Challenge

<https://club.chicacircle.com/minute-it-to-win-it-tween-challenge/>

Food Fun

use boxed brownies or try out these homemade ones

<https://insidebrucrewlife.com/homemade-chocolate-chip-brownies/>

Friday Links

Science

<https://thesoccermomblog.com/edible-pudding-slime/?>

[utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes&utm_term=338464438_10443480_270753](https://thesoccermomblog.com/edible-pudding-slime/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes&utm_term=338464438_10443480_270753)

Crafty

https://www.itsalwaysautumn.com/tissue-transfer-art-easy-kid-art-project.html#_a5y_p=4902025

Mini Challenge

<https://www.itsalwaysautumn.com/puzzle-easter-egg-hunt-fun-no-candy-egg-hunt-idea.html>

Food Fun

get pizza dough or use nanan bread, have all different options for toppings each person then gets to create and assemble their own personal pizza for dinner

Saturday & Sunday Links

Science

https://thatafterschoollife.com/balloon_rockets.html

<https://mommypoppins.com/weework-kids-crafts-make-a-toy-parachute>

Crafty

<https://www.mybaba.com/tape-painting/>

Mini Challenge

<http://www.cometogetherkids.com/2011/09/mini-marshmallow-shooters-or-pom-pom.html>

Food Fun

<https://www.craftymorning.com/smores-banana-boats/>

Grass Heads

<https://thesecretyumiverse.wonderhowto.com/how-to/make-grow-your-own-chia-pet-0148572/>